

Dear Parent,

Thank you for your enrollment in the Rockwall YMCA swim lesson program. We are very proud of our aquatic history at the YMCA and look forward to having your child(ren) be a part of that long history. Please feel free to contact me if you have any questions, concerns, or accolades regarding your experience here at the Rockwall YMCA. We always look forward to any feedback we receive in order to help us make the swim lesson experience the best in the area. Before you come to lessons, please review the following policies we have regarding your participation in lessons.

If you have signed up for our parent/child lessons, you will be in the water and immensely involved in the water development of your child. Please understand that this class is in no way a “water proofing” class for your infant or toddler. The first day of class we will be asking what your expectations are of the class. Tell us what you would like to get out of the class whether it be getting your toddler ready for group lessons or introducing your infant to the world of the swimming pool. Also note all children in this class should be wearing a swim diaper. Another consideration may be to bring a simple cotton t-shirt for your little one to wear during class. The pool temperature is maintained between 84-85 degrees, but some children do get a chill when participating. A little t-shirt will help trap water next to your child’s body and his/her body heat will help warm that water. On a final note, please remember that there must be one adult with each child you bring to class. You will not be able to participate if you are responsible for more than one child during the class.

If your child(ren) are participating in our preschool or youth lessons, please feel free to stay and watch during your child(ren)’s class. You should at no time be in the water with your child. If you need to talk with your child(ren)’s teacher, please do so before or after class and try not to interrupt the class as we are on a very tight time line. You may also call our office anytime if your concern is something that will take a lengthy discussion. We are happy to talk with you anytime, except during swim lessons. It is also important that you keep communication with your child(ren) to a minimum during his/her lesson. Your child(ren) must understand that his/her teacher is the one in charge of the class and that’s where his/her attention should be focused. We welcome any information about your child(ren) that will assist us in communicating effectively with him/her. Please be respectful to our other members by utilizing the families changing rooms located outside both the men’s and women’s locker rooms to change your child if you have a child of the opposite sex over the age of 4.

The equipment necessary to participate in lessons is a swim suit. Goggles are not necessary, especially in the Pike, Eel and Polliwog classes. We want your child(ren) to learn what to do if they would end up in water accidentally and wouldn’t have goggles. Goggles are fine to wear in Minnow/Fish and Ray/Starfish classes, as these children should be proficient swimmers. If goggles are an issue for beginning swimmers, please feel free to talk with us about it. Make-up classes will only be offered if the class is cancelled by the YMCA (i.e. inclement weather). In this case, the make-up class will be held on the Friday immediately after the missed class at the same time. We will make every effort to contact you in a timely manner if this occurs. Please be sure we have the best number to contact you in our files.

Again, we thank you for entrusting the Rockwall YMCA to teach your child(ren) how to swim. Swimming is one of those rare activities in life that is beneficial to the young and old alike and could save your life someday. We take our post very seriously and are honored you have allowed us to form a relationship with your family.

Best Regards,

Cassie McKee
Aquatics Director
Rockwall County YMCA
972-772-9622