



We build strong kids, strong families, strong communities.

2010 Fall Indoor Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15- 6:30 Lap Swim and Master Swim	5:15- 6:30 Lap Swim	5:15- 6:30 Lap Swim and Master Swim	5:15- 6:30 Lap Swim	5:15- 6:30 Lap Swim		
6:30- 8:30 Lap Swim	6:30- 8:30 Lap Swim	6:30- 8:30 Lap Swim	6:30- 8:30 Lap Swim	6:30- 8:30 Lap Swim	7:00- 9:00 Adult Swim & Lap Swim	
8:30- 11:30 Water Fitness, Swim Lessons & Lap Swim	8:30- 11:30 Water Fitness, Swim Lessons & Lap Swim	8:30- 11:30 Water Fitness, Swim Lessons & Lap Swim	8:30- 11:30 Water Fitness, Swim Lessons & Lap Swim	8:30- 11:30 Water Fitness, Swim Lessons & Lap Swim	9:00 - 10:00 Water Fitness, Masters Swim & Lap Swim	
12:00-1:00 Water Fitness & Lap Swim	12:00- 1:00 Lap Swim	12:00-1:00 Water Fitness & Lap Swim	12:00- 1:00 Lap Swim	12:00-1:00 Water Fitness & Lap Swim	10:00 - 1:00 Lap Swim	
1:00- 3:30 Pool Closed	1:00- 3:30 Pool Closed	1:00- 3:30 Pool Closed	1:00- 3:30 Pool Closed	1:00- 3:30 Pool Closed		
3:45- 5:45 Forney Practice 5:30-7:30 Riptides practice 3:30- 4:30 Open Swim (Shallow End) 4:30- 7:30 Swim Lessons 6:00-7:00 Lap Swim	3:45- 5:45 Forney Practice 5:30- 7:30 Riptides Practice 3:30-4:30 Open Swim (Shallow End) 4:30- 7:30 Swim Lessons 6:00-7:30 Lap Swim	3:45- 5:45 Forney Practice 5:30-7:30 Riptides Practice 3:30- 4:30 Open Swim (Shallow End) 4:30- 7:30 Swim Lessons 6:00 - 7:00 Lap Swim	3:45- 5:45 Forney Practice 5:30-7:30 Riptides Practice 3:30- 4:30 Open Swim (Shallow End) 4:30- 7:30 Swim Lessons 6:00 - 7:30 Lap Swim	3:45-5:45 Forney Practice 5:30-7:30 Riptides Practice 3:30-7:00 Open Swim (Shallow End) 6:00-7:30 Lap Swim	1:00- 5:45 Open Swim and Lap Swim	12:00-4:45 Open Swim
7:30- 8:30 Water Fitness & Lap Swim	7:30- 8:30 Water Fitness & Master Swim	7:00- 8:30 Water Fitness & Water Polo	7:30- 8:30 Water Fitness & Master Swim	7:00- 7:45 Open Swim		
8:30- 9:00 Open Swim & Lap Swim	8:30- 9:00 Open Swim & Lap Swim	8:30- 9:00 Open Swim & Lap Swim	8:30- 9:00 Open Swim & Lap Swim			

☆ Fridays may be used for make-up Swim Lessons. ☆ Schedule times are subject to change.

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