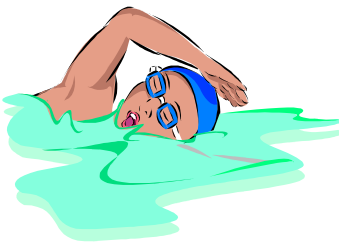


# Y SWIM LESSONS™

We build strong kids, strong families, strong communities.

## Adult Lessons 2010

### Monday Evenings



Adult Beginner Group Lessons



Join Dawn on  
Mondays 7:00-8:00pm

Cost for  
Group Lessons:

\$30 Family, Adult and Silver Sneakers Members

\$60 Activity Members

Session One	Monday: August 30, September 13, 20, 27 (Will not meet on Labor Day 9/6)
Session Two	Monday: October 4, 11, 18, 25
Session Three	Monday: November 1, 8, 15, 22

ROCKWALL FAMILY YMCA ★ 1210 N. GOLIAD ★ ROCKWALL, TX 75087 ★ 972-772-9622 WWW.ROCKWALLYMCA.ORG

FINANCIAL ASSISTANCE IS AVAILABLE, PLEASE ASK FOR DETAILS.

YMCA MISSION: TO PUT CHRISTIAN VALUES INTO PRACTICE THROUGH PROGRAMS THAT BUILD HEALTHY SPIRIT, MIND, AND BODY FOR ALL.